

Application No.: 10/821,860

Docket No.: 713-1121

AMENDMENTS TO THE SPECIFICATION

Please amend the paragraphs spanning page 4 line 26 – page 5, line 10, as set forth below.

More specifically, and as shown more clearly in Figure 4, the four main longitudinal slots 8 are through slots, which are formed through the wall of central portion 2, are equally spaced angularly one either side of and essentially parallel to a centreline plane B on which the longitudinal axis A lies, and define two deformable main longitudinal anchoring tongues 9.

As also shown ~~more clearly~~ in Figures 3 and 4, the two main longitudinal tongues 9 are diametrically opposite, i.e. are located on opposite sides of ~~[[a]]~~ the centreline plane B through ~~axis A~~, and each have a main anchoring face or surface 9a having a preferably, though not necessarily, serrated profile for easy insertion of screw anchor 1 inside the hole (not shown), and for preventing withdrawal of the screw anchor from the hole.